

## FOOD IN SUMER

I. People in ancient Sumer ate:

- A. bread from wheat
- B. cereals from emmer, wheat, and millet (a grass)
- C. barley (grew well in saline soil) was used for
  - 1. flour
  - 2. porridge
  - 3. the basis of an ancient beer
  - 4. the first basis of money

II. Farming was the oldest and largest occupation. The oldest literature is a Farmer's Almanac that is over 5000 years old.

*Ask yourself: How is my way of life alike and different from life in Sumer?*

## Clothing Styles in Sumer

I. Basic parts of ancient Sumerian clothing:

- A. Skirts (called karnakes)
  - 1. Some had fringe in layers that kept the material from unraveling. The larger or more layers of the fringe, the higher the social status of the person.
- B. Shawls ( of sheepskin)
- C. Headdress

II. Women wore skirts and shawls with turbans on their heads. Wealthier or royal had elaborate headdresses.

III. Men wore shorter skirts and shaved their heads. Outsiders wore beards. Sometimes priests also had beards. Soldiers wore short leather skirts and tight-fitting copper helmets.

Draw a picture of Women's clothing and Men's clothing below: (make sure to label parts)